

# Navigating the LGS Maze

## Community Newsletter

LGS FOUNDATION  
LENNOX-GASTAUT SYNDROME



### The 9th International Family and Professional Conference was a HUGE success!

*Thank you to everyone who participated!*

We are thrilled to announce that the 9th International Family and Professional Conference was a huge success and truly memorable! We are deeply grateful for the families who attended and allowed us the privilege of spending quality time together. Our heartfelt thanks go out to all of our speakers and presenters, whose informative sessions provided invaluable insights and learning experiences. Your participation made this event special, and we are immensely appreciative of everyone who attended. Thank you for making this conference an unforgettable experience!

### New Blog Post: LGS Research Update

While there are no cures for LGS, current LGS Foundation-funded researchers are focused on two areas where their efforts can lead to improved lives for those with LGS and their families. One of these areas is seizure control and another is sleep.

[Learn More](#)

### MEET QUINN



#### Welcome, Quinn!

Quinn is the Executive Assistant at the LGS Foundation, supporting the Executive Director, Tracy Dixon-Salazar. Quinn has over ten years of experience in the administrative field. Before her role at the LGS Foundation, Quinn worked in research healthcare and the non-profit sector. She earned her Bachelor of Arts in Fashion Design from the Savannah College of Art and Design.

Quinn had an older brother with multiple sclerosis (MS) who passed away quite some time ago, so she has a passion for helping others and being a part of an organization that supports those in need.

[Learn More about Quinn](#)



#### Our Community: Meet Dominic

We love sharing stories and getting to know one another, so each month we will feature a member of our amazing community. This month, we would like you to meet Dominic.

Dominic experienced his first seizure at just 3 years old, and his condition eventually led to a diagnosis of Lennox-Gastaut Syndrome (LGS). Almost eight years into his epilepsy journey, Dominic has tried numerous treatments but still faces daily seizures of multiple types.

*His Mom shares, "Never stop advocating for your LGS warrior and remember to embrace the good days, as they outweigh the bad days."*

[Learn More about Dominic](#)

### LGS RESOURCE CORNER



#### Adult C.A.R.E. Binder

The C.A.R.E. (Caring for Adults with Rare Epilepsy) Guide is an interactive resource designed to assist families in planning long-term adult care for individuals with LGS.

[Learn More](#)



#### About LGS Treatments

About LGS Treatments Kits contain information on current treatments, clinical trials, and tips on maximizing your time with your loved one's healthcare team.

[Learn More](#)



#### New Family Welcome Kit

New Family Welcome Kits are free to families and caregivers and provide educational materials to those who want to learn more about LGS.

[Learn More](#)



[Home](#) [Privacy](#) [Give](#) [Volunteer](#) [Calendar](#)

Lennox-Gastaut Syndrome (LGS) Foundation  
6030 Santo Road, Suite 1 Unit 420878 | San Diego, California 92142  
718-374-3800 | [info@lgsfoundation.org](mailto:info@lgsfoundation.org)

**Standing Together. Stronger Together.**

[Unsubscribe or Manage Your Preferences](#)